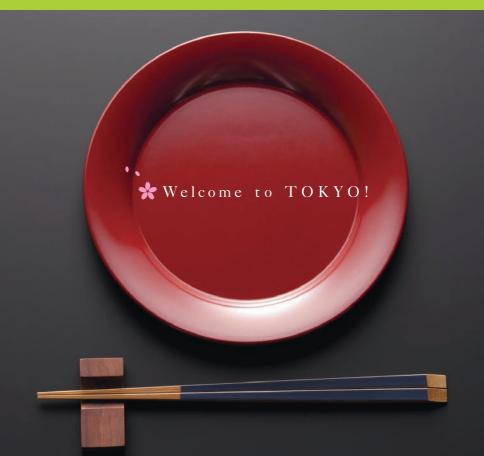


TOKYO MUSLIM

Travelers' Guide 2020-2021

Pray · Eat · Stay · Shop





Welcome to Tokyo!

The Tokyo Muslim Travelers' Guide is designed to make your visit to Tokyo as comfortable, The restaurants, lodgings, places of worship, and shops in this guide do their utmost to This guide also presents you with opportunities to experience Japan's traditional culture Even establishments which primarily cater to Japanese customers are often able to accommodate Staff may be able to make changes such as menu substitutions, so please feel free to ask if We wish you, our Muslim friends, an enjoyable and truly memorable stay in Tokyo!

Icon Guide



Muslim restaurant owner



Disposable eating utensils provided



Dedicated area for salat



Muslim staff



dishes available



Items for prayer available on request



Muslim chef(s)



Pork-free dishes/products available



Facilities provided for ceremonial cleansing



No pork



Alcohol-free dishes/products available



Dedicated rooms for Muslim guests



English assistance available



Alcoholic beverages not available





Non-alcoholic beverages available



appropriate rooms can be reserved



Muslimfriendly menu available



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and cuisine.

the needs of Muslims. you need anything at all.

Food ingredients are indicated



served separately





enjoyable, and meaningful as possible.

Halal-certified meat



Halal seasonings used



accommodate the lifestyles and customs of Muslim guests.

Private room



Dedicated cooking utensils for halal food



Staff with knowledge of Islamic customs



cutlery for halal food



direction indicated

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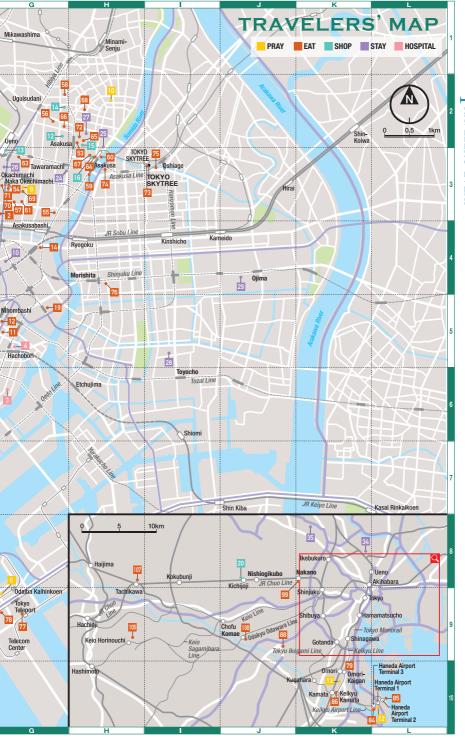


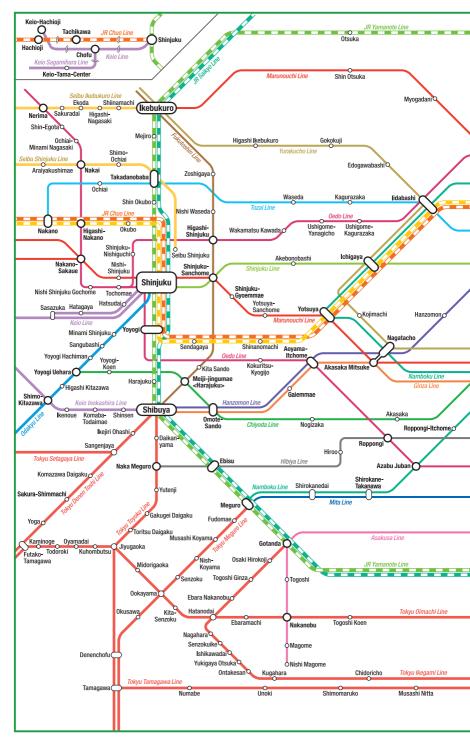
Consumption tax

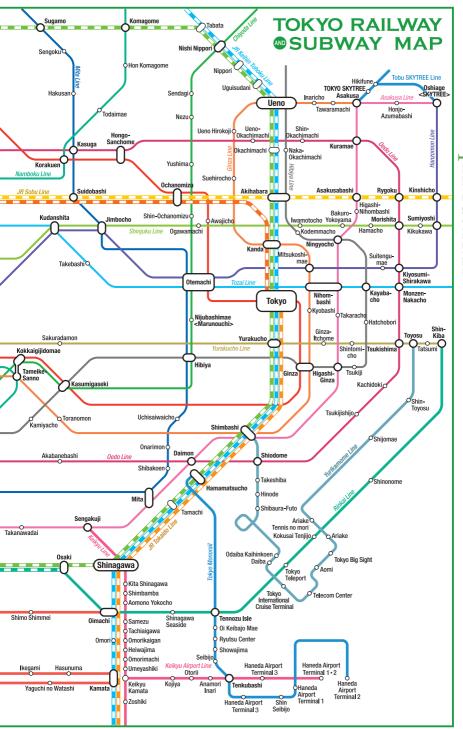
Consumption tax at shops, restaurants, etc. is 10%. Please note whether the tax is included in the indicated price depends on the shop and product. Foods and beverages are subject to the reduced tax rate of 8% in some cases. Visit the following website for more information. tax-freeshop.jnto.go.jp/eng/consumption_tax.php

Point and Ask Guide









Dining—JAPANESE FOOD









Sushi

Sushi is one of the most famous and delicious Japanese dishes. Tokyo has one of the best selections of fresh fish in the world, making it worth to taste.

Tempura

Tempura is made using a batter of flour and water, and usually deep-fried in vegetable oil. Vegetables, fish, and shrimp are common tempura ingredients.

Soba

Soba is a type of noodle made with buckwheat flour, usually served with a dipping sauce or in soy sauce-base soup. It is a traditional Japanese dish that is often Muslim-friendly.

Ramen

Generally, ramen consists of wheat noodles, served in a meat or fish-based broth, topped with sliced pork, eggs, etc., but there are a number of restaurants that offer ramen without pork. There are also vegetarian and vegan ramen shops with the indication of ingredients.





Many dishes in Japan may contain alcohol (adding a condiment called "mirin"), pork, or gelatin even if not stated on the menu. This includes major Japanese condiments such as soy sauce and soy sauce-base soup, as they may include alcohol. Some restaurants offer a detailed list of ingredients available for reference. Also, some sushi restaurants can make sushi without mirin (a kind of alcohol) upon request.

Convenience Stores

Some foods contain preservatives and other non-halal ingredients, but there are a variety of affordable and delicious Muslim-friendly options available.



Tips for Getting by Smoothly in Japan

Exploring a new culture can sometimes be both surprising and frustrating. To help navigate any potential difficulties, here are some tips for getting around in Japan.

Manners in Public





Switch your phone to silent mode

Quiet please





Do not throw rubbish

No smoking



止 — Stop 乾燥 — Drying function おしり — Wash bottom 大 — Large flush ビデ — Bidet

小 — Small/eco flush

On the Train

When using public transportation (buses and trains, etc.), avoid speaking loudly or talking on the phone as it may disturb other commuters. Make sure to switch your phone to silent mode. Your phone should be turned off completely if near priority seats when the train is crowded. In inner-city areas, some train cars are reserved for women only during certain hours and days.



On the Street

Littering, smoking on the street, and smoking while walking are strictly prohibited in certain areas. Throw any trash you may have in the public bins provided, or take it home with you. Smokers should only smoke in designated areas.



Using Toilets

A number of public restrooms feature wheelchair-accessible toilets and diaper changing facilities. Many Western-style toilets in Japan have a toilet seat with bidet functions like Washlet with several buttons and icons. A guide to the main functions can be found on the left.





東京駅 JR東日本訪日旅行センター

Hours: 8:30-19:00 (Mon-Fri), 8:30-17:00 (Sat, Sun, holidays)

Closed days: Open 365 days Address: 1 Marunouchi, Chiyoda City Access: Tokyo (JR, Subway)



















Masjid Nusantara-Akihabara マスジドヌサンタラ秋葉原

^03-6260-9387

Hours: 10:00-19:00 Closed days: Open 365 days Address: Yamaume Bldg.5F, 2-17 Kandasudacho, Chiyoda City Access: Akihabara (JR, Subway, TX)

















Matsuya Ginza

^03-3567-1211

Hours: 10:00-20:00 Closed days: No fixed holiday Address: 3-6-1 Ginza, Chuo City Access: Ginza (Subway)



















Akasaka Prayer Room Ouka

403-5544-8455

Hours: 12:30-15:00, 18:00-21:00 (Mon-Sat)

Closed days: No fixed holiday (Request in advance to use the room) ACCESS MAP

Address: Sankaido Bldg. B2F, 1-9-13

Akasaka, Minato City

Access: Tameike-sanno (Subway)

















Arabic Islamic Institute in Tokyo (Arabic Language Academy) Musalla

アラブ イスラーム学院(在日サウジアラビア王国大使館附属)

^03-3404-6622

Hours: 9:00-21:00 Closed days: Open 365 days

Address: 3-4-18 Motoazabu, Minato City Access: Roppongi (Subway), Hiroo (Subway),

Azabu-juban (Subway)



















DECKS Tokyo Beach デックス東京ビーチ

^03-3599-6500

Hours: 11:00-21:00 Closed days: No fixed holiday

Address: 1-6-1 Daiba, Minato City Access: Odaiba-kaihinkoen (Yurikamome)



















TOKYO MIDTOWN 東京ミッドタウン

C03-3475-3100

Hours: 11:00-21:00 Closed days: Jan. 1 Address: 9-7-1 Akasaka, Minato City Access: Roppongi (Subway), Nogizaka

(Subway)

















ACCESS MAP



















Masjid Al-Ikhlas Kabukicho マスジドアル=イフラース歌舞伎町

^03-6260-9387

Hours: 4:00-22:00

Closed days: Open 365 days Address: Nakajima Bldg.1F, 1-3-10 Kabukicho,

Shinjuku City

Access: Shinjuku (JR, Subway, Odakyu, Keio)





















As-Salaam Masjid アッサラームマスジド

C03-3836-3533

Hours: 11:00-21:00 Closed days: Open 365 days Address: As-Salaam Bldg., 4-6-7 Taito, Taito City Access: Okachimachi (JR), Naka-okachimachi

(Subway), Shin-okachimachi (TX), Uenookachimachi (Subway), Ueno-hirokoji (Subway)









ダール・ル・アルカム マスジド(浅草マスジド)

^03-3871-6061

Hours: 4:00-23:00 Closed days: Open 365 days Address: 1-9-12 Higashi-asakusa, Taito City

Access: Minami-senju (JR, Subway), Asakusa (Subway, Tobu)



ACCESS MAR





Japan Muslim Association (Islamic Culture Exchange Center in Japan) Masjid / Mu

宗教法人日本ムスリム協会(日本イスラーム文化交流

^03-6277-3561

Hours: 10:00-Evening prayer Closed days: Sat, Sun Address: 3-17-23 Higashi-gotanda, Shinagawa City

Access: Gotanda (JR, Subway, Tokyu)





Haneda Airport Terminal 3

羽田空港第3ターミナル

^03-6428-0888

Hours: Open 24 hours Closed days: Open 365 days

Address: 2-6-5 Haneda Airport, Ota City Access: Haneda Airport Terminal 3 (Keikyu,

Tokyo Monorail)











Kamata Masjid

(社団法人)蒲田マスジド

~080-5545-0666

Hours: 15 min. before FAJR-22:00 Closed days: Open 365 days Address: 5-1-2 Kamata, Ota City Access: Kamata (JR)



















Takashimaya Shinjuku Store

€03-5361-1111

Hours: 10:00-20:00 (Sun-Thu), 10:00-20:30 (Fri, Sat) Closed days: Jan. 1

Address: 5-24-2 Sendagaya, Shibuya City

Access: Shinjuku (JR, Subway, Odakyu, Keio)







Tokyo Camii & Turkish Culture Center

東京ジャーミイ・トルコ文化センター

^03-5790-0760

Hours: 10:00-18:00 (Fajr, Zohar, Asar, Maghrib & Isha prayer time open) Closed days: Open 365 days

Address: 1-19 Oyama-cho, Shibuya City Access: Yoyogi-uehara (Subway, Odakyu)





ACCESS MAP

回線回





•© 🙀 <u>•</u>

Masiid Otsuka

^03-3971-5631

Hours: Fajr-Isha Closed days: Open 365 days Address: 3-42-11 Minami-otsuka, Toshima City













Access: Otsuka (JR)









List of prayer spaces in restaurants, shops, and lodging facilities

EAT

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EAT

Besides the most well-known Japanese foods such as sushi, sashimi, and tempura. Tokyo offers a culinary cornucopia of regional and international dining. Choose any type of restaurant, from casual eateries to longstanding, traditional dining establishments, or even restaurants specializing in your native country's cuisine!





^03-3526-2489



Lunch ¥1,000- Dinner ¥3,500-

almina-restaurant.com

Hours: 11:30–15:00 (L.O. 14:30), 17:30–23:00 (L.O. 22:30) (Mon-Fri), 17:30–23:00 (L.O. 22:30) (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Genki Bldg., 2-2-3 Kanda Tacho,

Chiyoda City

Access: Kanda (JR, Subway)





2 Curry House CoCo Ichibanya HALAL Akihabara カレーハウス CoCo 壱番屋 ハラール秋葉原店

© 03-6260-8667

Hours: 11:00–22:00 Closed days: Open 365 days Address: Uchio Matsunaga Bldg., 16 Kanda-

Matsunagacho, Chiyoda City

Access: Akihabara (JR, Subway)

回於自 漢級項 回數與





















^03-5221-8271



Lunch ¥1,200- Dinner ¥2,500-

maharajamaru,mobi/

Hours: 11:00-23:00 (L.O. 22:00) (Mon-Fri), 11:00-21:00 (L.O. 20:00) (Sat, Sun, holidays)

Closed days: Open 365 days

Address: 2-1-1 Marunouchi, Chiyoda City Access: Tokyo (JR, Subway), Nijubashimae

(Subway)





Mazulu Halal Beef Noodle Jimbocho Shop 馬子禄 牛肉面 神保町店

^03-6811-7992



Lunch ¥950- Dinner ¥950lanzhou-lamian.com/

Hours: 11:00-15:00, 17:00-20:30 Closed days: Open 365 days Address: 1-3-18 Kanda Jinbo-cho, Chiyoda

Access: Jimbocho (Subway)







Mazulu Halal Beef Noodle Tokyo Station Shop 馬子禄 牛肉面 東京駅店

~03-6268-0323



Hours: 11:00-16:00, 17:00-22:30 (Mon-Sat), 11:00-16:00, 17:00-21:30 (Sun, holidays)

Closed days: Open 365 days Address: Gran Tokyo South Tower B1F, 1-9-2

Marunouchi, Chiyoda City Access: Tokyo (JR, Subway)





Sakura Cafe JIMBOCHO サクラカフェ神保町



Lunch ¥1,000- Dinner ¥1,500www.sakura-cafe.asia/en/jimbocho/

Closed days: Open 365 days Address: Sakura Hotel Jimbocho, 2-21-4

Kanda Jinbo-cho, Chiyoda City Access: Jimbocho (Subway)

Hours: Open 24 hours





SIAM ORCHID SUPREME "Tokyo Station Kitchen Street"

サイアムオーキッド Supreme 東京駅キッチンストリート店

^03-5224-8778





Lunch ¥900- Dinner ¥1.100www.facebook.com/HFRSiamTokyo/

Hours: 11:00-23:00 Closed days: Open 365 days

Address: Tokyo Station Kitchen Street, 1-9-1

Marunouchi, Chiyoda City Access: Tokyo (JR, Subway)







Siddique Hanzomon

シディーク半蔵門店

^03-3262-3370

MAP E-5



Lunch ¥950- Dinner ¥1,650www.siddique.co.jp/hanzomon

Hours: 11:00-15:00 (L.O. 14:30), 17:00-23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: 2-12-2 Hirakawa-cho, Chiyoda City

Access: Nagatacho (Subway), Hanzomon (Subway)





Siddique Jimbocho

シディーク神保町店

₹03-3511-5758



Lunch ¥950- Dinner ¥1,650www.siddique.co.jp/jimbocho

Hours: 11:00-23:00 (L.O. 22:30) Closed days: Open 365 days

Address: 2-7 Kanda Jinbo-cho, Chiyoda City

Access: Jimbocho (Subway)







Siddique Palace Yotsuyakojimachi

シディークパレス四谷麹町店 **4**03-3264-2101



Lunch ¥950- Dinner ¥1,650 www.siddique.co.jp/yotsuyakojimachi

Hours: 11:00-15:00 (L.O. 14:00), 17:00-23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: No.7 Akiyama Bldg. B1F, 5-3

Kojimachi, Chiyoda City Access: Yotsuya (JR, Subway)







^03-6222-9733



Lunch ¥700- Dinner ¥3,000alphiddin web fc2 com/

Hours: 11:00-14:00 (L.O. 13:30), 17:00-23:00 (L.O. 22:30) (Mon-Fri), 17:00-23:00 (L.O. 22:30) (Sat, holidays)

Closed days: Sun

Address: Morita Bldg. B1F, 1-4-8 Hatchobori,

Chuo City

Access: Hatchobori (Subway), Kayabacho (Subway)





ALOHIDDIN Nihonbashi

アロヒディン日本橋店



alohiddin.web.fc2.com/

Hours: 11:00-14:00 (L.O. 13:30), 17:00-23:00 (L.O. 22:30) (Mon-Fri), 17:00-23:00 (L.O. 22:30) (Sat, holidays)

Closed days: Sun

Address: Nihonbashi Yamada Bldg. 1F, 2-16-

4 Nihonbashi, Chuo City

Access: Nihombashi (Subway), Kayabacho (Subway)





MAP G-4



Annam Indian Restaurant Ginza

アナム本格インド料理 銀座

^03-6280-6708





annam-indian-restaurannt.owst.jp Hours: 11:00-17:00, 17:00-24:00 Closed days: Open 365 days

Address: Ginza 8-Chome No. 10 Bldg. B1F, 8-10-8 Ginza, Chuo City

Access: Ginza (Subway), Shimbashi (JR, Subway)





Dakshin Higashi Nihonbashi 南インド料理ダクシン東日本橋

~03-3249-9155



www.dakshin.jp

Hours: 11:00-22:00 (L.O.) (Mon-Fri), 11:00-14:30 (L.O.), 17:30-21:00 (L.O.) (Sat, Sun, holidays)

Closed days: New Year holidays Address: 1-12-1 Nihonbashi-bakurocho, Chuo City

Access: Higashi-nihombashi (Subway), Bakurocho (JR)





15 Dakshin Yaesu

南インド料理ダクシン八重洲

^03-6225-2640





www.dakshin.ip

Hours: 11:00-14:30 (L.O.), 17:30-22:00 (L.O.) (Mon-Fri), 11:00-14:30 (L.O.), 17:30-21:00 (L.O.) (Sat, Sun, holidays) ACCESS MAP

Closed days: New Year holidays Address: Prairie Bldg. B1F, 2-5-12 Yaesu,

Chuo City

Access: Kyobashi (Subway), Tokyo (JR,

Subway)







Gonpachi G-Zone Ginza

権八 G-Zone 銀座

^03-5524-3641



Lunch ¥1,000- Dinner ¥4,000-

gonpachi.jp/ginza/

Hours: 11:30-24:00 (L.O. 23:30) Closed days: Open 365 days Address: 1-2-3 Ginza, Chuo City

Access: Yurakucho (JR, Subway), Kyobashi Ginza 1-chome, Takaracho (Subway)





カーンケバブ ビリヤニ銀座店

^03-6280-6242





tabelog.com/tokyo/A1301/A130103/13170211/

Hours: 11:00-15:30, 17:00-22:30 Closed days: Open 365 days Address: Hakuhinkan Bldg. 6F, 8-8-11 Ginza,

Chuo City Access: Ginza (Subway), Shimbashi (JR,

Subway)

ACCESS MAP





Lunahala

^03-3543-8411



Hours: 11:00-14:30, 17:00-22:30 (Mon-Fri),

11:00-16:00 (Sat, holidays)

Closed days: Sun

Address: Business Hotel Ban 1F, 3-17-10

Tsukiji, Chuo City Access: Tsukiji (Subway)





^03-6884-1173

MAP G-5



tabelog.com/tokyo/A1302/A130204/13227467/

Hours: 11:00-14:30, 17:30-22:00 (L.O. 21:30)

Closed days: Sun

Address: Yamaguchi Bldg. 1F, 2-2-2 Nihonbashi-kakigaracho, Chuo City Access: Suitengumae (Subway)

ACCESS MAR





South Indian Restaurant Dharmasagara 南インド料理 ダルマサーガラ

^03-3545-5588



Lunch ¥1.300- Dinner ¥4.000www.dharmasagara.com

Hours: 11:30-14:00 (L.O.), 18:00-22:00 (L.O.) (Mon-Fri), 12:00-14:30 (L.O.), 17:30-21:00 (L.O.) (Sat, Sun, holidays) Closed days: New Year holidays

Address: Wind Ginza 8 Bldg. 2F, 4-14-6

Ginza, Chuo City

Access: Higashi-ginza (Subway)







Tempura Shinjuku Tsuna-hachi Matsuya Ginza

天ぷら新宿つな八 松屋銀座店

203-3567-1374





Lunch ¥2,200- Dinner ¥3,080www.tunahachi.co.jp/en/index.html

Hours: 11:00-22:00 Closed days: No fixed holiday

Address: Matsuya Ginza 8F, 3-6-1 Ginza, Chuo City

Access: Glnza (Subway)





TENDON GINZA ITSUKI

天丼専門 銀座いつき

^03-6263-2988





www.grandcuisine.jp/group3

Hours: 11:00-15:30 (L.O. 15:00), 17:30-23:15 (L.O. 22:00) Closed days: Jan. 1

Address: Ginza Inz1 2F, 3-1 Ginza-nishi,

Chuo City

Access: Yurakucho (JR, Subway)





TORAYA KARYO GINZA 虎屋菓寮 銀座店

^03-3571-3679





Lunch ¥1,300- Dinner ¥1,300-

global.toraya-group.co.jp/

Hours: 11:30-19:30 (L.O. 19:00) (Mon-Sat), 11:30-19:00

(L.O. 18:30) (Sun, holidays) Closed days: Jan. 1

Address: 7-8-6 Ginza, Chuo City Access: Ginza (Subway)



MAP F-6



African Restaurant Calabash アフリカンレストラン・カラバッシュ

^03-3433-0884



Lunch ¥1,000- Dinner ¥3,500-

www.calabash.co.ip

Hours: 11:30-14:00 (Tue-Fri), 17:30-23:00 (Mon-Sat)

Closed days: Sun, holidays

Address: Hamamatsucho Bldg. B1F, 2-10-1

Hamamatsu-cho, Minato City Access: Hamamatsucho (JR. Monorail).

Daimon (Subway), Shibakoen (Subway)







~03-3401-8851





www.persia-aladdin.com

Hours: 11:30-14:30 (L.O.), 17:00-22:00 (L.O.) (Mon-Sat), 17:00-22:00 (L.O.) (Sun)

Closed days: Open 365 days

Address: Yasuda Bldg. 2F, 3-2-6 Nishiazabu,

Access: Roppongi (Subway)





EPICURE

C03-5422-7454



Lunch ¥5,000- Dinner ¥10,000-

Hours: 11:30-(L.0.13:30), 18:00-(L.0.20:30)

Closed days: No fixed holiday

Address: Modern Form 1F, 2-1-17 Motoazabu, Minato City

Access: Hiroo (Subway)







^03-5771-0170





Lunch ¥1,000- Dinner ¥4,000-

gonpachi.jp/nishi-azabu/

Hours: 11:30-27:30 (Food L.O. 26:45, Drink L.O.27:00)

Closed days: Open 365 days

Address: 1-13-11 Nishiazabu, Minato City

Access: Roppongi (Subway),

Nogizaka (Subway)





Indian Curry & Asian Dining Donnoba

インドカレー&アジアンダイニング居酒屋どんのば

^03-3584-4137



tabelog.com/tokyo/A1308/A130802/13024261/

Hours: 11:30-14:30, 17:00-23:30(Mon-Fri),

17:00-22:30(Sat. Sun) Closed days: Open 365 days

Address: Rafine Akasaka B1F, 2-10-7

Akasaka, Minato City

Access: Tameike-Sanno (Subway)





403-6457-1566







Lunch ¥1,000- Dinner ¥2,500-

Hours: 11:00-23:00 (L.O. 22:00) Closed days: No fixed holiday

Address: Aqua City Odaiba 6F, 1-7-1 Daiba, Minato City

(Rinkai)







Japanese Restaurant SAKURA 日本料理「さくら」

₹03-5500-5580



tokyoodaiba.hilton.com

Hours: 11:30-14:30, 17:30-21:30 Closed days: Open 365 days

Address: Hilton Tokyo Odaiba, 1-9-1 Daiba, Minato City

Access: Daiba (Yurikamome)





Kochuan 料亭壺中庵

^03-3441-8888

MAP D-8



www.kochuan.co.ip

Hours: 11:00-22:00 (L.O. 19:30)

Closed days: No fixed holiday Address: 1-1-1 Shirokanedai, Minato City

Access: Shirokanedai (Subway)





La maison de Cous Cous ラメゾンドクスクス

^03-6435-8684



Lunch ¥1.000- Dinner ¥3.000r.gnavi.co.jp/gd31hgyv0000/

Hours: 11:30-15:00, 17:00-23:00 Closed days: No fixed holiday

Address: Hamamatsucho West Bldg.1F, 2-10-4 Shibakoen, Minato City

Access: Hamamatsucho (JR, Monorail), Daimon (Subway), Shibakoen (Subway)





Nirvanam Kamiyacho Branch

ニルワナム 神谷町

^03-3433-1217



Hours: 11:15-14:30, 17:30-21:45 (L.O.) Closed days: Open 365 days

Address: Ote Bldg. 2F, 3-19-7 Toranomon, Minato City

Access: Kamiyacho (Subway)







Nishiazabu Sumiyakiya 西麻布 炭やき屋

^03-3403-5397



Lunch ¥1,000- Dinner ¥3,000-

Hours: 11:30-15:00, 17:00-23:00 Closed days: Sun, holidays Address: Nishi-azabu Annex, 3-20-16

Nishi-azabu, Minato City Access: Roppongi (Subway)







^03-3497-8104



Lunch ¥1,000- Dinner ¥2,500tabelog.com/tokyo/A1307/A130701/13144423/ Hours: 11:00-15:30, 17:00-22:30

Closed days: Open 365 days Address: Furanse Bldg. 1F, 4-11-8 Roppongi,

Minato City

Access: Roppongi (Subway)





36 SALMA Tikka & Biryani サルマ ティッカアンドビリヤニ



Lunch ¥1,000- Dinner ¥2,500tabelog.com/tokyo/A1314/A131403/13037862/ Hours: 11:00-15:00, 17:00-22:30

Closed days: Open 365 days Address: Village Takanawa 1F, 4-22-11

Takanawa, Minato City Access: Shinagawa (JR)



Shoujin Cuisine DAIGO

精進料理 醍醐

^03-3431-0811





Hours: 11:30-15:00 (L.O. 14:00), 17:00-22:00 (L.O. 20:00) Closed days: New Year holidays

Address: Atago Forest Tower, 2-3-1 Atago,

Minato City

Access: Kamiyacho (Subway)





Curry House CoCo Ichibanya HALAL Shinjuku Kabukicho カレーハウスCoCo壱番屋ハラール新宿歌舞伎町店



www.ichibanya.co.jp/english/ Hours: 11:00-22:00 Closed days: Open 365 days

Address: Kabukicho Shotengai Shinkokumiai Bldg., 1-19-3 Kabukicho, Shinjuku City Access: Seibu-shinjuku (Seibu)





Halal & Vegan Shinjukugyoen Ramen Ouka

新宿御苑ら一めん桜花

^03-5925-8426



Lunch ¥1,500- Dinner ¥3,000-

ramenouka.com.

Hours: 15:00-22:00 (Mon-Thu), 18:00-22:00 (Fri), 13:00-22:00 (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: 1-11-7 Shinjuku, Shinjuku City Access: Shinjuku-gyoenmae (Subway)







Jingisukan Tarim

^03-6873-9180



Dinner ¥2.000-

www.jingisukan-tarim.com Hours: 17:00-24:00 Closed days: Open 365 days

Address: Aban Bldg. Sakasu 17, 2F, 1-1-6

Yotsuya, Shinjuku City Access: Yotsuya (JR, Subway)



MAP B-3



KEBAB ye

^03-3356-5691





kebabye-tokyo.com

Hours: 11:30-21:30 (L.O. 21:00)

Closed days: Tue

Address: No.6 Sanwa Bldg. Annex 1F, 3-6-7 Shinjuku, Shinjuku City

Access: Shinjuku-sanchome (Subway)





Saishokukenbi

菜食健美

403-5332-3627



Lunch ¥1,000daisho-kikaku.com/tokyo

Hours: 11:00-15:00 (L.O. 14:30)

Closed days: Tue

Address: 2-21-26 Hyakunin-cho, Shinjuku City

Access: Okubo (JR), Shin-Okubo (JR)





Siddique Shinjuku-nishiguchi シディーク新宿西口店

~03-5925-2259

MAP B-4



Lunch ¥950- Dinner ¥1,650www.siddique.co.jp/shinjuku-nishiguchi Hours: 11:00-29:00

Closed days: Open 365 days Address: No.2 Nisshin Bldg. 2F, 7-10-20 Nishi-shinjuku, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu), Shinjuku-nishiguchi (Subway)





Silkroad Tarim Uyghur Restaurant シルクロードタリム ウイグルレストラン

^03-6276-7799



Lunch ¥1,000- Dinner ¥1,000www.oasis-tarim.com

Hours: 17:00-24:00 (Tue-Fri), 12:00-24:00 (Sat, Sun,

holidavs)

Closed days: Mon (Open on national holidays) Address: Nishi-shinjuku Pearl Bldg. 103, 3-15-8 Nishi-shinjuku, Shinjuku City Access: Hatsudai (Keio)



MAP B-4



たくあん・牡丹亭

^03-5354-3071





Lunch ¥1,200- Dinner ¥8,000r.gnavi.co.jp/g304303/

Hours: 11:30-15:00, 17:00-22:00 Closed days: Dec. 31, Jan. 1

Address: Nishi-shinjuku Park-heights 1F, 4-15-1 Nishi-shinjuku, Shinjuku City

Access: Tochomae (Subway), Nishi-shinjukugochome (Subway), Shinjuku (JR, Subway, Keio, Odakyu)





Kyoto Arashiyama YOSHIYA Shinjuku 京都嵐山 良彌 新宿店

€03-5321-0448



yosiya.jp/shinjuku/

Hours: 11:00-22:30 (L.O. 21:30)

Closed days: 3rd Tue (Feb, Jun, Nov), Jan. 1 Address: Shinjuku Metro Restaurant Floor, Exit B14, 1-1-2 Nishi-shinjuku, Shinjuku City Access: Shinjuku (JR, Subway, Keio, Odakyu)





Casual Dining The Bistro/Hotel Chinzanso Tokyo

カジュアルダイニング ザ・ビストロ/ホテル椿山荘東京

^03-3943-5489



Lunch ¥2,690- Dinner ¥6,390hotel-chinzanso-tokyo.jp/restaurant/bistro/ Hours: 11:30-22:00 (L.O.)

Closed days: Open 365 days Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)





Italian Restaurant IL TEATRO/Hotel Chinzanso Tokyo イタリア料理 イル・テアトロ/ホテル椿山荘東京

^03-3943-5489



Lunch ¥5,100- Dinner ¥12,000-

hotel-chinzanso-tokyo.jp/restaurant/ilteatro/ Hours: 6:30-10:30 (L.O.), 12:00-14:30 (L.O.), 17:30-21:00 (L.O.), Dinner Course (L.O. 20:30)

Closed days: Open 365 days Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)



Japanese MIYUKI/Hotel Chinzanso Tokyo 日本料理「みゆき」/ホテル椿山荘東京

~03-3943-5489





Lunch ¥3,500- Dinner ¥9,300hotel-chinzanso-tokyo.jp/restaurant/miyuki,

Hours: 7:00-10:00 (L.O.), 11:30-14:30 (L.O.), 17:30-21:00

(L.O.)

Closed days: Open 365 days Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)





Ryotei Kinsui/Hotel Chinzanso Tokyo

料亭錦水/ホテル椿山荘東京

^03-3943-5489



Dinner ¥23,100-

hotel-chinzanso-tokyo.jp/restaurant/kinsui/ Hours: 11:30-20:00 (L.O.) Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)







^03-3943-5489

MAP D-3



Lunch ¥5,100- Dinner ¥7,400-

hotel-chinzanso-tokyo.jp/restaurant/mokushundo/ Hours: 11:30-14:30 (L.O.), 17:00-20:00 (L.O.) (Mon-Fri),

11:30-15:00 (L.O.), 17:00-20:00 (L.O.) (Sat, Sun, holidays) ACCESS MAR

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)





Sakura Cafe & Restaurant Nippori サクラカフェ&レストラン日暮里

^03-5685-6111



www.sakura-cafe.asia/en/nippori/

Hours: Open 24 hours Closed days: Open 365 days

Address: Sakura Hotel Nippori, 3-43-15 Sendagi, Bunkyo City

Access: Sendagi (Subway), Nippori (JR, Keisei), Nishi-nippori (JR, Subway)





MAP G-3



Asakusa-Sushiken

2050-3184-0547





Lunch ¥1,000- Dinner ¥4,000-

Hours: 11:30-15:00, 17:00-23:30 (Mon-Sat), 11:30-15:00, 17:00-22:00 (Sun, holidays)

Closed days: Wed

Address: Matsu Royal Bldg. 1F, 2-11-4 Asakusa, Taito City

Access: Asakusa (TX)



Ayam-YA Okachimachi Ayam-YA 御徒町店

~03-3834-6656

Lunch ¥900- Dinner ¥900www.halalgourmet.jp/restaurant/805

Hours: 11:30-16:00, 17:00-22:00 Closed days: Open 365 days

Address: Yamada Bldg., 4-10-1 Taito, Taito City Access: Okachimachi (JR, Subway)





BIMI-kitchen

^03-6231-8440





Lunch ¥680- Dinner ¥950himikitchen com

Hours: 11:00-15:00 (L.O. 14:30), 17:30-22:00 (L.O. 21:30) Closed days: Open 365 days Address: Takeuchi Sharm 1F, 3-1-3 Asakusabashi, Taito City



Access: Asakusabashi (JR, Subway)





Cafeteria Spice Jaya カフェテリア スパイスジャヤ

^03-3841-3823



Lunch ¥800-

www.tandifoods.co.jp Hours: 9:00-15:00 (L.O. 14:30) Closed days: Mon, Tue

Address: Floral Ueno-Matsugaya, 4-26-14 Matsugaya, Taito City

Access: Iriya (Subway), Asakusa (Subway,

Tobu, TX)





EUSA

^03-6884-0297





Lunch ¥850- Dinner ¥1,200indian-dining-eusa.wix.com/eusa

Hours: 11:00-17:00, 17:00-23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: AO Bldg., 2-6-2 Taito, Taito City Access: Naka-okachimachi (Subway)





Fucha Vegetarian Cuisine BON

普茶料理 梵

^03-3872-0375

MAP G-2



www.fuchabon.co.jp/

Hours: 12:00-13:30 (L.O.), 17:30-21:00 (L.O. 19:00) (Mon-Sat), 12:00-13:30 (L.O.), 17:00-20:00 (L.O. 18:00) (Sun, holidays)

Closed days: Wed Address: 1-2-11 Ryusen, Taito City

Access: Iriya (Subway)



Gonpachi Asakusa Azumabashi

^03-5830-3791





Lunch ¥1,000- Dinner ¥4,000gonpachi.jp/asakusa/

Hours: 11:30-23:00 (Food L.O. 22:00, Drink L.O.22:30)

Closed days: Open 365 days

Address: 2-1-15 Kaminarimon, Taito City

Access: Asakusa (Subway, Tobu, TX)









Halal Japanese Restaurant ORIGAMI Asakusa 和食折紙浅草

^03-5811-1755



Lunch ¥1,500- Dinner ¥3,000www.origami-asakusa.jp/

Hours: 11:30-15:00, 17:30-21:00 Closed days: Open 365 days

Address: 1-2-8 Hanakawado, Taito City Access: Asakusa (Subway, Tobu, TX)







HALAL WAGYU YAKINIKU PANGA ハラール和牛焼肉 ぱんが

~03-3839-8929



Dinner ¥4,000yakinikupanga.owst.jp

Hours: 11:30-14:00 (L.O. 13:45), 17:00-22:00 (L.O. 21:30) (Mon-Sat), 17:00-22:00 (L.O. 21:00) (Sun, holidays)

Closed days: New Year holidays, other days Address: 3-27-9 Taito, Taito City

Access: Okachimachi (JR, Subway, TX), Shinokachimachi (Subway)







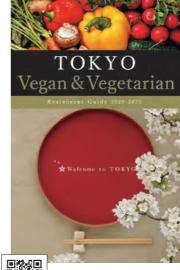














◆Check Here! Vegan & Vegetarian guide is also available.

63 Halima kebab biryani

^03-6672-1796





Lunch ¥1,000- Dinner ¥2,500tabelog.com/tokyo/A1311/A131101/13168753/

Hours: 11:00-15:30, 17:00-22:30 Closed days: Open 365 days

Address: Ueno M Bldg. 1F, 3-36-7 Higashi-

ueno, Taito City

Access: Inaricho (Subway), Ueno (JR, Subway,

Keisei)







Japanese Greentea Shop Masudaen Sohonten

~03-3841-0840





Lunch ¥500-

www.facebook.com/Masudaen-Green-tea-shop-251841074861508/

Hours: 8:30-19:00

Closed days: Open 365 days Address: 1-1-17 Asakusa, Taito City Access: Asakusa (Subway, Tobu, TX)





Naritaya Asakusa

麺亭成田屋浅草本店

^03-4285-9806



Lunch ¥1,000- Dinner ¥1,000www.naritaya-japan.com/ramen-asakusa,

Hours: 11:00-22:00 (Mon-Sat), 11:00-21:00 (Sun)

Closed days: Open 365 days Address: 2-7-13 Asakusa, Taito City Access: Asakusa (TX)







NINJA Cafe & Bar 忍者カフェ

403-6231-7387



www.ninja-cafe.com/

Hours: 11:00-23:00

Closed days: Open 365 days Address: 3-27-14 Nishiasakusa, Taito City Access: Asakusa (Subway, Tobu, TX)







セカイカフェ 浅草店

^03-6802-7300





Lunch ¥1,500sekai-cafe.com/asakusa/

Hours: 9:00-17:30 (Mon), 9:00-18:00 (Tue, Thu), 9:00-19:00 (Fri, Sat, Sun)

Closed days: Wed, other days

Address: Oban Bldg. 1F, 1-18-8 Asakusa,

Taito City

Access: Asakusa (Subway, Tobu, TX)







UOSHOU

^03-3872-0030





uoshou.net

Hours: 12:00-14:00, 17:00-24:00 Closed days: Mon

Address: 5-10-2 Asakusa, Taito City

Access: Asakusa (TX)





MAP G-3

Veg Kitchen

^03-5817-8165





www.facebook.com/vegkitchentokyo/ Hours: 11:00-15:00, 17:00-23:00 Closed days: Jan. 1-2

Address: 3-44-8 Taito, Taito City Access: Okachimachi (JR)







VEGE HERB SAGA ヴェジハーブサーガ

₹03-5818-4154



www.vegeherbsaga.com

Hours: 11:15-15:00 (L.O. 14:30), 17:15-23:00 (L.O. 22:30)

Closed days: New Year holidays Address: Torei Bldg. B1F, 5-22-1 Ueno,

Taito City

Access: Okachimachi (JR), Naka-okachimachi (Subway), Ueno-okachimachi (Subway)





Venu's South Indian Dining

ヴェヌス サウス インディアン ダイニング

^03-6883-9765



Lunch ¥1,000- Dinner ¥2,000-

www.venusdining.com

Hours: 11:00-14:30, 17:00-21:30 (L.O.) Closed days: Jan. 1-4

Address: Magazan Okachimachi II, 4-8-9

Taito, Taito City Access: Naka-okachimachi (Subway)





Wagyu Dining PANGA 585 和牛だいにんぐ ぱんが 585

^03-3844-3088



Lunch ¥1,500- Dinner ¥3,000-

halalwagyu.business.site Hours: 11:00-22:30 Closed days: Open 365 days

Address: Marugotonippon Bldg. 4F, 2-6-7

Asakusa, Taito City Access: Asakusa (TX)





Milk & Parfait Yotsuba White Cosy Solamachi ミルク&パフェ よつ葉ホワイトコージ 東京スカイツリータウン・ソラマチ店

^03-5809-7055



¥360

www.yotsuba.co.jp/white/ Hours: 10:00-21:00

Closed days: No fixed holiday Address: Tokyo Solamachi 3F, 1-1-2 Oshiage,

Sumida City Access: TOKYO SKYTREE (Tobu), Oshiage

(Subway, Keisei)

ACCESS MAP





Organic Store & Cafe Dining, Sumida River Kitchen

スミダリバーキッチン



www.facebook.com/Organic-store-Cafe-Dining-Sumida-River-Kitchen 602442643227442/

Hours: 11:30-14:30, 17:30-21:30

Closed days: Sat, Sun

Address: 1-15-4 Azumabashi, Sumida City Access: Asakusa (Subway, Tobu)







セカイカフェ 押上店

^03-6284-1760



Lunch ¥1,000sekai-cafe.com/oshiage/ Hours: 7:30-18:00 Closed days: Tue

Address: 2-16-8 Narihira, Sumida City

Access: Oshiage (Subway, Tobu)





Tokyo ramen Kumahachi 森下の小粋な長屋ラーメン熊八

^080-7852-5511



Lunch ¥900- Dinner ¥950-

Hours: 11:30-14:00, 18:00-21:30 Closed days: Open 365 days Address: 2-15-1 Midori, Sumida City Access: Ryogoku (JR, Subway)



Green Asia Tokyo VenusFort

GREEN ASIA TOKYO ヴィーナスフォート店

~03-6426-0633



Lunch ¥1,500- Dinner ¥2,500-

Hours: 11:00-23:00 Closed days: Open 365 days Address: VenusFort in palette town, 1-3-15

Aomi, Koto City

Access: Aomi (Yurikamome), Tokyo Teleport (Rinkai)

ACCESS MAP

SOJIBO "DiverCity Tokyo Plaza"

そじ坊 ダイバーシティ東京プラザ店



www.facebook.com/HFRSojiboDC/

Hours: 11:00-23:00 Closed days: Open 365 days

Address: DiverCity Tokyo Plaza 6F, 1-1-10

Aomi, Koto City

Access: Daiba (Yurikamome), Tokyo Teleport (Rinkai)





Indian Restaurant MASALA

インド料理 MASALA

^03-5753-8595

MAP K-10



www.masalacurry.jp/index_e.html

Hours: 11:00-15:00 (L.O. 14:30), 17:00-22:00 (L.O. 21:00) (Mon-Fri), 11:00-15:30 (L.O. 15:00), 17:00-21:00 (L.O. ACCESS MAR

20:30) (Sat. Sun. holidays)

Closed days: Open 365 days

Address: Omori Bellport D 1F, 6-26-3 Minamioi, Shinagawa City

Access: Omori (JR), Omorikaigan (Keikyu)







Indonesian Restaurant CABE MEGURO

インドネシア料理店チャベ目黒店

^03-6432-5748



Lunch ¥850- Dinner ¥2,000-

www.facebook.com/IndonesianRestaurantCabeMeguro/ Hours: 11:30-14:30, 17:30-22:00 Closed days: Sun, holidays

Address: No.1 Tanaka Bldg. 2F, 3-5-4 Kami-

osaki, Shinagawa City

Access: Meguro (JR, Subway, Tokyu)





Ohmi-beef Dining Iyasaka

近江牛ダイニングいやさか

^03-5719-4529





www.iyasaka-daining.com

Hours: 17:30-22:30 (L.O. 21:30) (Mon-Fri), 17:00-22:00 (L.O. 21:00) (Sat)

Closed days: Sun, holidays, New Year holidays, other days

Address: 3-7-1 Nishi-shinagawa, Shinagawa City

Access: Osaki (JR, Rinkai)





SABERA TIKKA BIRIYANI サベラティッカ ビリヤニ 天王洲アイル

403-6433-2544



Lunch ¥1,000- Dinner ¥2,500 tabelog.com/tokyo/A1314/A131404/13200848/

Hours: 11:00-15:30, 17:00-22:30 Closed days: Open 365 days

Address: Tennozu Yusen Bldg. 1F, 2-2-20 Higashi-shinagawa, Shinagawa City Access: Tennozu Isle (Yurikamome, Rinkai)







^03-3449-0901





www.tandoor.co.jp/meguro.html

Hours: 11:00-22:00 Closed days: Open 365 days

Address: Koyo Bldg. 4F, 2-16-4 Kami-osaki,

Shinagawa City

Access: Meguro (JR, Subway, Tokyu)





KEBAB STAND

^03-6459-9377



Lunch ¥1,000- Dinner ¥1,000www.haneda-airport.jp/inter/premises/tenant/5200100013810000/index.html

Hours: 7:00-22:00 Closed days: Open 365 days

Address: Haneda Airport Terminal 3 4F, 2-6-5

Haneda Airport, Ota City Access: Haneda Airport Terminal 3 (Keikyu,

Tokyo Monorail)





MAP K-10

Mrs Istanbul

ミセス イスタンブール

403-5756-6183





Lunch ¥1,200- Dinner ¥1,200-

www.tokyo-airport-bldg.co.jp/shops_and_restaurants/store/334/

Hours: 8:00-20:00 (L.O. 19:30) Closed days: Open 365 days

Address: Haneda Airport Terminal 2 3F, 3-4-2 Haneda Airport, Ota City

Access: Haneda Airport Terminal 1.2 (Keikyu),

Haneda Airport Terminal 2 (Tokyo Monorail)





YILDIZ Turkish Restaurant ユルディズトルコレストラン

^03-6424-9797

Lunch ¥680- Dinner ¥2,000tabelog.com/tokyo/A1315/A131503/13201864/

Hours: 11:30-15:00, 17:30-23:30

Closed days: Tue

Address: No.1 Taiyo Bldg. 2F, 5-18-3 Kamata, Ota City

Access: Kamata (JR, Keikyu)





Deli Shop Uchimura

Deli Shop うちむら

^03-3468-2715





Lunch ¥700- Dinner ¥800-

Hours: 11:00-15:00, 17:00-20:30

Closed days: Sun, 3rd Mon

Address: 3-2-11 Kitazawa, Setagaya City Access: Higashi-Kitazawa (Odakyu), Yoyogi-

Uehara (Subway, Odakyu)





Izuchiku

~03-3700-4661



Lunch ¥8,000- Dinner ¥8,000-

www.izuchiku.jp

Hours: 11:30-19:30 (L.O.) Closed days: New Year holidays Address: 3-6-8 Seta, Setagaya City

Access: Yoga (Tokyu)



FUNABASHIYA KOYOMI HIROO

船橋屋こよみ広尾本店

^03-5449-2784





Lunch ¥1,190www.funabashiya.co.jp/koyomi/

Hours: 11:30-18:00 (L.O. 17:00) Closed days: Open 365 days Address: 5-17-1 Hiroo, Shibuya City

Access: Hiroo (Subway)







Gonpachi Shibuya 権八 渋谷

^03-5784-2011



Lunch ¥1,000- Dinner ¥4,000gonpachi.jp/shibuya/

Hours: 11:30-27:30 (L.O. 27:00) Closed days: Open 365 days

Address: E.Space Tower 14F, 3-6 Maruyamacho, Shibuya City Access: Shibuya (JR, Subway, Tokyu),

Sinsen (Keio)







Hours: 17:00–23:00 (Mon), 12:00–23:00 (Tue–Sun)

Closed days: Open 365 days Address: 3-14-5 Shibuya, Shibuya City

Access: Shibuya (JR, Subway, Tokyu)





92 Hitsujinoyu Lamb yakiniku & shabushabu ひつじの湯ラム焼肉&しゃぶしゃぶ

¢03-6427-9197





Dinner ¥4,000– hitsujinoyu.owst.jp/

Hours: 17:00–24:00 (L.O. 23:00) (Mon–Fri), 15:00–23:00 (L.O. 22:00) (Sat, Sun, holidays)

Closed days: New year holidays Address: Adachi Bldg. 2F, 3-14-4 Shibuya,

Shibuya City

Access: Shibuya (JR, Subway, Tokyu)







93 Honolu RAMEN 麺屋帆のる恵比寿店

通性が少る思し寿だ

~03-5734-1667



Lunch ¥780- Dinner ¥780halalramen-honolu.net/index.html

Hours: 11:30–14:30, 17:00–22:00 (L.O. 21:30) Closed days: New Year holidays, other days Address: ABC Americabashi Bldg. 1F, 1-23-1

Ebisu-minami, Shibuya City

Access: Ebisu (JR, Subway)







94 Sakura Cafe Hatagaya

€03-3469-5211



Lunch ¥1,000– Dinner ¥1,500– www.sakura-cafe.asia/en/hatagaya/

Hours: Open 24 hours Closed days: Open 365 days

Address: 1-32-3 Hatagaya, Shibuya City Access: Hatagaya (Keio)





SHIBUYA WAGYUSTEAK ~COWBOY~

渋谷和牛ステーキ~COWBOY~

^03-6809-0056



Lunch ¥2,000- Dinner ¥4,000tabelog.com/tokyo/A1303/A130301/13197327/

Hours: 16:00-23:00 Closed days: Open 365 days Address: Kokusai Bldg. A 3F A, 13-16 Udagawacho, Shibuya City



Access: Shibuya (JR, Subway, Tokyu)



SUSHI Gonpachi Shibuya

^03-5784-3772



gonpachi.jp/sushi-shibuya/

Hours: 11:30-14:30 (L.0.14:00), 17:00-26:00 (L.0.25:00)

Closed days: Open 365 days

Address: E. Space Tower 14F, 3-6 Maruyamacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu), Sinsen

(Keio)







~03-3461-6181



www.tandoor.co.jp/ebisu.html

Hours: 11:00-23:00 Closed days: Open 365 days

Address: Irifune Bldg. 4F, 1-9-3 Ebisu-nishi,

Shibuya City

Access: Ebisu (JR, Subway)







The Manhattan FISH MARKET Shibuya マンハッタンフィッシュマーケット渋谷店





www.manhattanfishmarket.com/japan/

Hours: 11:00-15:00, 18:00-22:00 (L.O. 21:30) (Mon-Thu), 11:00-22:00 (L.O. 21:30) (Fri-Sun)

Closed days: Open 365 days

Address: Ichigo Jingumae Bldg. B1F, 6-25-16 Jingumae, Shibuya City

Access: Meiji Jingumae <Harajuku> (Subway), Shibuya (JR, Subway, Tokyu)







^03-6382-8895





Lunch ¥600- Dinner ¥600restaurant-44367.business.site/?m=true

Hours: 11:00-23:00

Closed days: 2nd Wed, New Year holidays, other days

Address: 3-33-14 Nakano, Nakano City

Access: Nakano (JR, Subway)





100 Malaychan satu

^03-5391-7638



Lunch ¥1,000- Dinner ¥3,000-

www.malavchan-satu.ip/ Hours: 11:00-22:30 Closed days: Mon

Address: 3-22-6 Nishi-ikebukuro, Toshima

City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)









PAKISTAN RESTAURANT MARHABA

パキスタンレストラン マルハバ



Lunch ¥1,000- Dinner ¥1,500-

Hours: 11:00-15:00, 17:00-22:30 (Mon-Sat), 11:30-21:00 (Sun, holidays)

Closed days: Open 365 days

Address: Palace Garden Milano 1F, 2-63-6

Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)







Sakura Cafe & Restaurant Ikebukuro サクラカフェ&レストラン池袋

₹03-5391-2330



www.sakura-cafe.asia/en/ikebukuro/

Hours: Open 24 hours Closed days: Open 365 days

Address: Sakura Hotel Ikebukuro Annex 1F,

2-39-10 Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)







^070-6970-2946





tsukinosabaku.com/

Hours: 11:00-15:00, 18:00-24:00 Closed days: No fixed holiday Address: 2F, 2-15-15 Kami-ikebukuro,

Toshima City Access: Ikebukuro (JR, Subway, Seibu, Tobu)

*Reservation only









^03-5685-5313



Lunch ¥1,000- Dinner ¥2,500nippori-zakuro.com/en/

Hours: 11:00-23:00 Closed days: Open 365 days

Address: 3-13-2 Nishi-nippori, Arakawa City

Access: Nippori (JR, Keisei), Sendagi

(Subway)







^042-670-1468

MAP H-9



Hours: 11:00-19:00 Closed days: Wed (Oct.-Feb.)

Address: 2-16-9 Horinouchi, Hachioji City

Access: Horinouchi (Keio)









108 North Indian Restaurant Phoolwari 北インド料理プルワリ

^03-5497-5559



Lunch ¥950- Dinner ¥2,000phoolwari.co.ip

Hours: 11:00-15:00, 18:00-23:00 Closed days: Wed

Address: 1-18-5 Higashi-izumi, Komae City

Access: Komae (Odakyu)



MAP J-9







Delicious and exquisite! Japanese WEETS

As you explore Tokyo,

why not stop and enjoy some of the many different kinds of tasty Japanese sweets? Their colors and shapes are also lovely to look at, making them perfect gifts.



Ohagi (Botamochi)

Steamed or cooked rice is pounded until sticky but still grainy, formed into balls, and then covered in sweet bean paste. The taste is sweet, with a faintly salty accent. There are versions made with both fine-grained and coarse-grained bean paste.

Main ingredients: Glutinous rice, rice, sugar, salt, adzuki beans (some may also contain sesame, roasted soybean flour, sweet green bean paste, etc.)



Shiratama Anmitsu

Regular anmitsu is a dessert in which cubes of agar jelly are topped with sweet red bean paste and honey or brown-sugar syrup. This version is also topped with shiratama, dumplings made of refined glutinous rice flour. You can find even more decadent versions that include ice cream and fruit.

Main ingredients: Agar, adzuki beans, sugar, refined glutinous rice flour, etc.



Dumplings made by kneading refined glutinous or regular rice flour into balls and boiling them. Mitarashi dango are dumplings served on a skewer and covered with a salty-sweet glaze made of soy sauce, sugar, and starch. There are also special kinds of dango for traditional events like moon viewing and cherry-blossom viewing.

Main ingredients: Refined glutinous or regular rice flour, potato starch, sugar, soy sauce, etc.



Ichigo Daifuku

Daifuku consists of mochi (glutinous rice cakes) stuffed with adzuki bean paste. Ichigo daifuku, which first appeared in the 1980s, puts a modern twist on this time-honored Japanese sweet with the addition of fresh strawberries. You can find it in winter and spring, when strawberries are in season.

Main ingredients: Adzuki beans, sugar, glutinous rice flour, strawberries, etc.



Kakigori

Finely shaved ice flavored with syrup. This treat is popular worldwide, especially in Asia, but the current trend in Japan is toward very luxurious varieties, such as shaved ice made from natural spring water and topped with fancy syrups.

Main ingredients: Water, syrup, etc.

Fu Manju

Steamed buns made of unbaked wheat gluten filled with fine-grained sweet bean paste. The taste is pleasantly cool, with a smooth, springy texture. The buns are often wrapped in bamboo leaves, which add an aromatic accent.

Main ingredients: Wheat flour, adzuki beans, sugar, mugwort, green dried seaweed, etc.



Kuri Kinton

Boiled chestnuts are pureed, mixed with sugar, and wrung with a tea cloth.

Many Japanese sweets incorporate chestnuts, but this autumn treat brings out their flavor to the fullest. The flavor fades quickly, so it has a short shelf life.

Main ingredients: Chestnuts, sugar



Thin pancakes made from wheat flour are stuffed with sweet bean paste and grilled until crispy. Although bean paste is the most common filling, variations containing custard or savory fillings can also be found.

Main ingredients: Wheat flour, eggs, dairy, sugar, baking soda, adzuki beans, etc.



An assortment of various kinds of cute, bite-sized dried snacks. These may include slightly sweet wheat crackers, salty rice crackers, kelp, and colorful rakugan (dried candies made of rice or other starchy flour and sugar, mixed and pressed into a pattern).

Main ingredients: Wheat flour, eggs, sugar, sesame, ginger, nuts, vegetable oil, food coloring,



Nerikiri

tional Tokyo sweet that makes for an

The main ingredient in this gorgeous traditional confection is sweet white bean paste, which is easily tinted in different hues and molded into exquisite seasonal shapes. While mochi sweets have mass appeal, nerikiri is prized as a special treat for formal occasions such as the tea ceremony.

Main ingredients: White bean, sugar, food coloring, etc.

Konpeito

A crystal-like candy made by coating cores as tiny as poppy seeds with rocksugar syrup a little at a time and heating them over the course of several days. The different flavorings and dyes added to the syrup produce a colorful appearance.

Main ingredients: Sugar, flavorings, food coloring, etc.

*Check before purchasing, as konpeito may very occasionally contain alcohol.



Kaminari Okoshi

A light, crispy snack consisting of puffed rice mixed with other ingredients like peanuts or syrup, and then formed into shapes. Okoshi has been around since the Heian period (794-1185). but kaminari okoshi was born in the nineteenth century in the Asakusa area. The name comes from Sensoji Temple's Kaminarimon Gate

Main ingredients: Rice, starch syrup, sugar, peanuts, etc.

Sugar sculpture

Different forms of sugar sculpture can be found all over the world, but in Japan, it has also developed as a kind of street performance. Street entertainers use simple tools like scissors and writing brushes to create colorful works of art on the spot at the customer's request. They're so gorgeous that it almost feels like a shame to eat them!

Main ingredients: Sugar, starch syrup, granulated sugar, alternative sweeteners, food coloring, etc.





Enjoy what one of the world's major fashion capitals has to offer



Salons

If you wish, you can pamper yourself with ease at some hair salons that offer private rooms and women-only staff.

Nails

If you would like to decorate your nails, you don't need to worry. You can find water permeable or breathable nail polish with a variety of colors.





^03-3253-7111

Hours: 9:00-19:00

Closed days: Open 365 days Address: 1-2-9 Sotokanda,

Chiyoda City Access: Akihabara (JR,

Subway, TX)







ラオックス 銀座EXITMELSA

LAOX GINZA EXITMELSA

^03-5537-9990

Hours: 11:00-20:00 Closed days: Dec. 31-Jan. 1, one day in both Feb. and Aug.

(not fixed) Address: EXITMELSA 5-6F, 5-7-10 Ginza, Chuo City Access: Ginza (Subway)





www.laox.co.jp/en/stores/ginzamelsa/















UNIQLO GINZA ユニクロ 銀座店

^03-6252-5181

Hours: 11:00-21:00 Closed days: Jan. 1 Address: 6-9-5 Ginza, Chuo

City

ACCESS MAP

Access: Ginza (Subway)





www.uniqlo.com/jp/shop/ginza,



C03-5545-5396

Hours: 8:00-22:00 (Mon-Fri) / 10:00-21:00 (Sat. Sun. holidays)

Closed days: Open 365 days Address: A-FLAG Akasaka 1F, 4-3-6 Akasaka, Minato City Access: Akasaka (Subway)



WEB SITE



www.bio-c-bon.ip/



~03-3403-6946

Hours: 11:00-23:00

Minato City

Closed days: Open 365 days

Address: 5-4-20 Roppongi,

Access: Roppongi (Subway)



ハードロックカフェ東京 ロックショップ



HARD ROCK CAFE TOKYO ROCK SHOP





Bio c' Bon AZABU JUBAN

ビオセボン 麻布十番店

WEB SITE

回旋凝回

203-6435-4356

Hours: 9:00-22:00 Closed days: Open 365 days Address: 2-9-2 Azabu-juban, Minato City

Access: Azabu-juban (Subway)



www.bio-c-bon.ip.









www.hardrock.com/cafes/ tokyo-roppongi/jp/









WEB SITE























NATIONAL AZABU

ナショナル麻布スーパーマーケット

^03-3442-3181

House: 9:00_21:00 Closed days: Jan. 1-3 Address: 4-5-2 Minami-azabu,

Minato City

Access: Hiroo (Subway)



www.national-azabu.com



NISSIN World Delicatessen 日進ワールドデリカテッセン

^03-3583-4586

Hours: 8:30-21:00 Closed days: Jan. 1-2 Address: 2-32-13 Higashiazabu, Minato City Access: Azabu-juban (Subway)









www.nissin-world-delicatessen.ip/









WEB SITE











BICQLO UNIQLO Shinjuku-higashiguchi

ビックロ ユニクロ新宿東口店

C03-5363-5741

Hours: 10:00-22:00 Closed days: Open 365 days Address: 3-29-1 Shinjuku,

Shinjuku City

ACCESS MAP

湖回

Access: Shinjuku (JR, Subway, Odakyu, Keio), Shinjukusanchome (Subway)



www.uniqlo.com/jp/shop/bicqlo/











Laox Shinjuku Main Store

ラオックス 新宿本店

403-5362-7018

Hours: 9:00-21:00 Closed days: Open 365 days

Square 5F-8F, 3-1-20

Shinjuku, Shinjuku City

Odakyu, Keio), Shinjukusanchome (Subway)

ACCESS MAP

国際国

www.laox.co.jp/en/stores/shinjuku/

MAP G-2

HALAL TOKYO Store-House

ハラルトウキョウ~ストアハウス~

^03-6907-0756

Hours: 10:00-18:00 Closed days: Sat, Sun Address: 3-25-13 Meiirodai.

Bunkyo City Access: Gokokuji (Subway)

halaltokyo.jp/



















Asakusa Umegen 浅草 梅源

WEB SITE

203-3841-4147

Hours: 10:30-18:30 (Tue-Fri), 10:30-18:00 (Sat). 10:30-16:00 (Sun, holidays)

Closed days: Mon and no fixed holidays Address: 3-10-5 Nishiasakusa, Taito

Access: Asakusa (Subway, Tobu, TX), Tawaramachi (Subway), Iriya (Subway) ACCESS MAP







asakusaumegen.business.site/

HARD ROCK CAFE UYENO-EKI TOKYO ROCK SHOP ハードロックカフェ上野駅東京 ロックショップ

^03-5826-5894

Hours: 10:00-23:00 (Mon-Fri), 9:00-23:00 (Sat, Sun, holidays)

Closed days: No fixed holiday Address: atre Ueno 1F, 7-1-1 Ueno, Taito City

Access: Ueno (JR. Subway)



www.hardrock.com/cafes/ tokyo-uyeno-eki/jp/

Osama-do honten 干様堂本店

^03-3876-3303

Hours: 10:00-18:00 Closed days: Sat, Sun, holidays, Jan. 1-3

Address: 2-6-8 Senzoku, Taito City

Access: Iriya (Subway), Asakusa (TX)



www.osama-do.co.ip/

ACCESS MAP

国数国











ACCESS MAP

回器回









WEB SITE











~03-6802-7661

Hours: 10:00-19:00 Closed days: Open 365 days Address: 1-37-2 Asakusa,

Taito City Access: Asakusa (Subway,

Tobu TX)







sparkle-asakusa.business.site.

Tokiwado Kaminari Okoshi Honpo Kaminarimon Main Store 常盤堂雷おこし本舗 雷門本店

€03-3841-5656

Hours: 9:00-20:30 Closed days: Open 365 days Address: 1-3-2 Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX)







tokiwado.tokvo/

FREE



MAP H-2



ビオセボン 明治神宮前メトロピア店 MAP

^03-6452-6260

Hours: 7:30-22:00 (Mon-Sat). 9:00-21:00 (Sun, holidays) Closed days: Open 365 days Address: Meiji-jingumae <Harajuku> Station, 1-18-22 Jingumae, Shibuya City Access: Meiji-jingumae <Harajuku> (Subway)







www.bio-c-bon.ip.



Tokyo Camii Halal Market

東京ジャーミィ ハラルマーケット MAP A-6

^03-5790-0760

Hours: 10:00-19:00 Closed days: Open 365 days Address: 1-19 Oyama-cho, Shibuya City Access: Yoyogi-uehara (Subway, Odakyu)



ACCESS MAP

















Al-Flah Supermarket

アルファラ スーパーマーケット

^03-3985-9784

Hours: 11:00-23:00 Closed days: Open 365 days Address: Onoya Bldg. 4F, 2-41-2 Ikebukuro, Toshima City Access: Ikebukuro (JR. Subway, Seibu, Tobu)



ACCESS MAP WEB SITE





www.al-flah.com.

UNIQLO Kichijoji ユニクロ 吉祥寺店

^0422-28-0160

Hours: 10:00-21:00 Closed days: Open 365 days Address: 2-2-17 Kichijojihoncho, Musashino City Access: Kichijoji (JR, Keio)



ACCESS MAP 얼네





























STAY

This section covers lodgings in Tokyo, ranging from premium hotels to casual guest houses. Whatever your needs, you can find your ideal lodging here. Many facilities also provide space for prayer, and can even lend you prayer items. All of the lodgings listed here are able to accommodate the lifestyle and practices of Muslim guests while providing the very best of Japanese hospitality.



VISITING TIPS



Concierge

The concierge at your hotel is a great resource and can provide information about dining, shopping, and other activity recommendations across the city. They will also make reservations for restaurants and book tours or transportation if needed.

Tipping

There is no tipping culture in Japan. Generally, the price listed on the bill includes tax and indicates the exact amount to be paid. Please note that some establishments charge a service fee or cover charge.





Luggage Delivery Service

Getting from the airport to the hotel and vice versa can be a stressful experience. Ease your load by using a luggage delivery service. That way, you can get around the city hands-free.

An accommodation	An accommodation tax is levied when staying at hotels in Tokyo.								
Room charge (one night per person)	Less than ¥10,000	¥10,000 to less than ¥15,000	¥15,000 or more						
Amount of tax	Tax-free	¥100	¥200						

The accommodation tax will not to be levied for three months from July 1 through September 30, 2020 because of the hosting of the Tokyo 2020 Olympic and Paralympic Games.

*The tax is used for the promotion of tourism in Tokyo, such as the issuing of this publication and the enhancement of the quality of tourist information services.

HOTEL LIST				.m.						_				
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1 FOUR SEASONS HOTEL TOKYO AT MARUNOUCHI フォーシーズンズホテル丸の内 東京	03-5222-7222	F-5	57	1	•				•			•		
2 Hotel New Otani Tokyo ホテルニューオータニ	03-3265-1111	D-5	1479	38	•				•			•		
3 Imperial Hotel, Tokyo 帝国ホテル 東京	03-3504-1111	F-5	931	16	•				•			•		•
4 Palace Hotel Tokyo パレスホテル東京	03-3211-5211	F-5	290	10	•				•	•		•		•
5 Sakura Hotel JIMBOCHO サクラホテル神保町	03-3261-3939	F-4	43	1	•				•					•
6 Shangri-La Hotel, Tokyo シャングリ・ラ ホテル 東京	03-6739-7888	F-5	200	4	•		- 1	•	•			•		•
7 The Peninsula Tokyo ザ・ペニンシュラ東京	03-6270-2888	F-5	314	5	•	•	-	•	•			•		•
8 THE TOKYO STATION HOTEL 東京ステーションホテル	03-5220-1111	F-5	150	9	•			Ì	•			•		•
9 TOSHI CENTER HOTEL 都市センターホテル	03-3265-8211	E-5	327	2	•				•			•		
10 hostel DEN ホステル デン	03-6661-2067	G-4	11	0	•	•		Ì	•			•	•	
11 Tsukiji Business Hotel Ban 築地ビジネスホテルバン	03-3543-8411	F-6	39	1	•			•	•			•		•
12 Conrad Tokyo コンラッド東京	03-6388-8000	F-6	290	5	•			•	•			•		•
13 Grand Prince Hotel Shin Takanawa グランドプリンスホテル新高輪	03-3442-1111	D-8	908	7	•				•			•	•	
14 Grand Prince Hotel Takanawa グランドプリンスホテル高輪	03-3447-1111	D-8	388	8	•				•			•		
15 Sheraton MIYAKO HOTEL TOKYO シェラトン都ホテル東京	03-3447-3111	D-8	484	4	•				•					•
16 Shinagawa Prince Hotel 品川プリンスホテル	03-3440-1111	D-9	3560	14	•				•			•		
The Prince Sakura Tower Tokyo	03-5798-1111	D-8	288	2	•				•			•		
ザ・ブリンス さくらタワー東京 The Ritz-Carlton, Tokyo ザ・リッツ・カールトン東京	03-3423-8000	D-6	247	7	•	•			•			•		
19 RIHGA Royal Hotel Tokyo	03-5285-1121	D-3	131	4					•			•		
リーガロイヤルホテル東京 20 Sakura House: Shibuya Yoyogi Uehara	03-5330-5250	B-4*	30	0	•		•		•			•		
サクラハウス 渋谷代々木上原 ムスリムハウス 21 Shinjuku Prince Hotel	03-3205-1111	B-4	571	3								•		
22 Hotel Chinzanso Tokyo	03-3943-1111	D-3	267	9										
ホテル暦山壮東京 23 Sakura Hotel NIPPORI	03-5685-1200	F-1	94	1	•				•					
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ドーミーイン・global cabin浅草 26 Hotel Marutani	03-3831-4308	G-3	76	1										
ホテル丸谷 27 Sakura Hostel ASAKUSA	03-3847-8111	H-2	29	1					•					
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さルリアンタワー東急ホテル Solare Hotel HATACAVA	03-3476-3000	B-7	408	10	•				•			•		
ST サクラホテル幅ヶ谷	03-3469-5211	A-5	75	1					•					
32 サクラホテル池袋	03-3971-2237	C-1	103	1	•	•			•					•
サンシャインシティプリンスホテル Sakura Maura TADATA 9: Muclim Friendly Share House FOD WOMEN	03-3988-1111	C-1	1091	4	•			-	•		ļ	•	•	
Sakura House TABATA 2: Muslim-Friendly Share House FOR WOMEN サクラハウス・田端2 ムスリムフレンドリーシェアハウス 女性専用	03-5330-5250	K-8	4	0	•		•		•					
35 Sakura House ITABASHI Muslim-Friendly Apartments サクラハウス・板橋ムスリムフレンドリー アパートメント	03-5330-5250	K-8	3	0	•		•		•					

^{*}The map indicates the place you get the key of the hotel. The hotel is near Yoyogi Uehara Sta.

Staying calm and taking the necessary steps

What To Do in an Emergency

This information will help you in the event of disasters such as earthquakes, storms, floods, or fires, theft, lost items, and other emergencies.

Disasters

Earthquakes

What to do

If you feel shaking from an earthquake, remain calm and take steps to protect your body. Act in an orderly manner; do not panic or run.

How to protect yourself

Indoors

Watch out for objects that may fall or topple over. Stay away from anything made of glass such as windows, TVs, or furniture, and protect your body by crouching under a table, etc. Once the shaking has subsided, make sure the gas is turned off and there are no sources of fire. Open doors or windows so that you can evacuate if necessary. Wear slippers or shoes indoors if there are fallen objects.

Outdoors

Make sure you are not near any objects that may fall or topple over. Protect your head using your bag, etc. If you are inside an underground shopping complex and the power goes out, do not panic nor rush for the exit. Instead, wait for the shaking to subside, and then move along the walls toward the emergency exit.

If you are inside an elevator

As soon as you feel any shaking, press the buttons for all of the floors and get off wherever the elevator stops. If you are trapped inside the elevator, use the intercom to call for help. Do not use elevators to evacuate, since you can become trapped inside due to aftershocks or power outages.

Watch out for tsunamis!

An earthquake may be followed by a tsunami. Stay away from waterfronts and low-lying ground. If you are near the sea, immediately flee toward nearby high ground, a tsunami evacuation building, or a taller structure. Tsunamis can also travel against the current of a river. Flee in a direction perpendicular to the river.

Watch out for aftershocks!

A strong earthquake may be followed by multiple aftershocks. Be careful, as aftershocks may cause landslides or the collapse of buildings.

Storms/Floods

Heavy Rain/Violent Storms

Pay attention to weather information. In the event of heavy rain, stay away from rivers and underpasses. If you are near a cliff, watch out for landslides.

Be careful not to fall into open manholes or gutters. If you are in an area that is underground or partially underground and there is a danger of flooding, move to a safe location above ground.

Tornadoes

If you are indoors, close any storm shutters and/or curtains, move away from the windows, and crouch under a sturdy table, etc. If you are outdoors, take shelter inside an underground facility or a sturdy structure made of a material like reinforced concrete, and wait for the tornado to pass.

Fires

What to do

If you notice a fire, alert those around you by shouting "Fire!" (Kaji da!) and dial 119 for the fire department. Cover your mouth and nose with a handkerchief, etc. so that you do not breathe in smoke, and stay close to the ground as you move. If you cannot see your surroundings due to smoke, move along the walls. If you are inside a hotel, etc., follow the instructions of staff.

Theft/Lost Items

Report the matter to the police, who will issue a certificate of theft or loss. If you accidentally left an item on a train or bus or inside a taxi, contact the respective operating company.

If your passport is stolen or lost

Contact your country's embassy or consulate to have the passport invalidated and issue an emergency passport or travel document for returning to your home country. www.mofa.go.jp/about/emb_cons/protocol/

If your credit card is stolen or lost

Immediately call the credit-card company's emergency hotline to cancel your card.

Evacuation Shelters

What are evacuation shelters?

Evacuation shelters are spaces that temporarily accept and shelter people who have been forced to leave their homes due to a disaster. They also provide disaster-related information and essential supplies like water. Evacuation shelters are usually located inside a public facility such as a school, and accept foreigners. Travel on foot and take as little with you as possible.

Notes on evacuating

When evacuating, travel on foot and take as little with you as possible. Make sure you have valuables such as your passport or residence card, mobile phone, and charger.

Evacuation signage for different types of disasters

When walking around Tokyo, you will probably notice many signs indicating locations or facilities where you should evacuate. When you are near rivers or the sea, also keep an eye out for signage on how to escape a tsunami.









vacuation

vacuation Tsunami Shelter Evacuation Area

Tsunami Evacuation Building

Emergency Information in Foreign Languages

Online Information

■ Safety tips (in total 11 languages such as English, Chinese, Korean, Spanish, and more. Other languages will be added sequentially)

A disaster information app for foreign travelers in Japan provided by the Japan Tourism Agency. You can get push notifications for earthquake early warnings and tsunami warnings, as well as emergency weather warnings for heavy rain, etc. and volcanic eruption information issued for Japan. The app also provides a flowchart for what to do in an evacuation, helpful links such as a list of embassies, and communication cards to use if you cannot communicate in Japanese. The app can be downloaded from the URLs below.

Android (5.0 and later): https://play.google.com/store/apps/details?id=jp.co.rcsc.safetyTips.android iPhone (iOS9.0 and later): https://apps.apple.com/app/safety-tips/id858357174

● Tokyo Metropolitan Medical Institution Information (English, Chinese, Korean, and Japanese)

You can search for medical institutions in the Tokyo Metropolis that offer services in multiple languages other than Japanese, or where you can receive outpatient care from a female physician.

 [Living Information] Comprehensive Living Guide for Foreign Residents in Japan by the Tokyo International Communication Committee (English, Chinese, Korean, easy Japanese, and Japanese)

www.tokyo-icc.jp/guide_eng/index.html

- Tokyo Fire Department Multilingual Page (English, Chinese, Korean, Thai, Filipino, and Japanese) www.tfd.metro.tokyo.lg.jp/eng/index.html
- Tokyo Metropolitan Government Disaster Prevention Website (multilingual) www.bousai.metro.tokyo.lg.jp
- Immigration Service Agency of Japan Website (English, Chinese, Korean, Portuguese, Spanish, and Japanese)

www.immi-moj.go.jp/english/index.html

NHK World

In addition to your computer, NHK World TV and NHK World Radio are also available on your smartphone or tablet device if you download a specialized free app.

- NHK World TV (English) https://www3.nhk.or.jp/nhkworld/
- NHK World Radio Japan (Japanese and 17 other languages): Find the link for your language on the website above.

Emergency Numbers

Police Fire **~**110 □

In the event of a crime or accident

To report a fire or to call for help or an ambulance

List of Hospitals and Clinics With English-Speaking Staff and Female Doctors

It can be tough for Muslim travelers if you happen to become ill or injured during your trip, especially for women. However, there are many hospitals and clinics throughout Tokyo with women doctors on staff. What's more, all of the facilities listed here have English-speaking staff. Enjoy your time in Tokyo with added peace of mind!

- *Due to working schedules, we cannot guarantee that female doctors or English-speaking staff are available 24/7.
- *Please contact the facility you intend to visit by phone and speak to the staff before arriving.

Internal Medicine

Kioicho Naika Clinic 紀尾井町内科

6 03-6265-6500

Weekdays 9:30-12:30, 14:00-17:30 Reservation required for Friday afternoon Closed days: Sat, Sun, hols KKD Bldg. 1F, 3-1 Kioi-cho, Chiyoda City kioichonaika.jp/



Skin & General Asai Clinic 浅井医院

6 03-3261-0453

Reservations possible hours 9:00-12:30, 14:30-17:00 Closed days: Wed, Sat, Sun, hols 3-7-24 Koji-machi, Chiyoda City www.asai-iin.com/



St. Luke's International Hospital 聖路加国際病院

603-3541-5151

General Internal Medicine 8:30-11:00 Other departments by appointment only, Emergency department available 24 hours Closed days: Sat, Sun, hols 9-1 Akashi-cho, Chuo City hospital.luke.ac.jp/eng/



Takahashi Clinic

6 03-3551-5955

www.hatchobori.jp/english/

9:30-13:00, 15:00-18:30 Closed days: Mon (afternoon), Fri (morning), Sat, Sun, hols Takahashi Bldg. 1F, 3-26-8 Hatchobori, Chuo City



Daimon Medical Clinic 大門メディカルクリニック

6 03-6435-6056

Weekdays 12:00-14:15, 16:00-19:00 Closed days: Sat, Sun, hols SVAX Hamamatsu-cho II Bldg. 5F, 2-1-16 Hamamatsu-cho, Minato City www.daimonclinic.jp/en/doctor-2/



Tokyo Medical & Surgical Clinic トウキョウ メディカル アンド サージカル クリニック

€ 03-3436-3028

Weekdays 9:00-17:00; Sat 9:00-12:30 Closed days: Sun, hols 32 Shiba-koen Bldg, 2F, 3-4-30 Shiba-koen, Minato City tmsc.jp/



International Health Care Clinic インターナショナルヘルスケアクリニック

6 03-3501-1330

Tue-Fri 10:00-12:15, 15:30-18:15 Closed days: Mon, Sat, Sun, hols Sueyoshi Bldg.3F, 2-10-5 Shimbashi, Minato City

www.ihc-clinic.jp/en/





General Hospital, Emergency

Tokyo Saiseikai Central Hospital 東京都済生会中央病院

€ 03-3451-8211

Mon-Sat 8:00–11:30 Emergency department available 24 hours Closed days: Sun, hols, 2nd and 4th Sat 1-4-17 Mita, Minato City www.saichu.jp/english/home/



General Hospital, Emergency

Tokyo Takanawa Hospital 東京高輪病院

€ 03-3443-9191

Reception hours 8:30–11:30 Language Services 8:30–17:15 Closed days: Sat, Sun, hols 3-10-11 Takanawa, Minato City takanawa.jcho.go.jp/internationalassistance-service/



Internal Medicine, Neurology, Cardiology, Respiratory Medicine

Toranomon Toma Clinic 虎ノ門とうまクリニック

6 03-3502-4080

Closed days: Sat, Sun, hols Toranomon Chuo Bldg. 4F, 1-1-16 Toranomon, Minato City www.toranomon-toma-clinic.com/eng/ index.htm



Internal Medicine, Pediatrics, Dermatology, Travel Medicin

Navitas Clinic Shinjuku ナビタスクリニック新宿

€ 03-5361-8383

Mon-Fri 10:00–13:00, 15:00–21:00 Sat 10:00–14:00; Sun, hols 10:00–17:00 *Check the website as consultation hours/days vary by department.

Closed days: Year-end and New Year NEWoMan Bldg. 7F, 4-1-6 Shinjuku, Shinjuku City www.navitasclinic.jp/clinic/shinjuku/

Miwa Medical Clinic



Internal Medicine, Ophthalmology, Travel Medicine, Medical Check-up

Shinagawa East Clinic 品川イーストクリニック

€ 03-5783-5521

Internal medicine and Travel medicine 10:30–14:00, 15:15–18:30

Ophthalmology 15:15–18:30 Medical check up 9:00– (Reservation required) Closed days: Sat, Sun, hols Shinagawa Intercity B Bldg. 2F, 2-15-2

Shinagawa Intercity B Bldg. 2F, 2-15-Kounan, Minato City e-clinic.gr.jp/en/index.html



美和メディカルクリニック **◆** 03-5770-3855

Weekdays 9:20–12:30, 16:20–19:00 Sat 9:20–12:30, 16:20–18:00 Closed days: Thu (morning), 1st, 3rd and 5th Sat, Sun, hols Aoyama R Bldg. 4F, 4-2-17 Jingu-mae, Shibuya City



General Hospital, Emergency

Tokyo Metropolitan Hiroo Hospital 東京都立広尾病院

◆ 03-3444-1181 / 03-3446-8331(Reservation)

Weekdays 9:00–17:00; Sat 9:00–11:30 Closed days: Sun, hols 2-34-10 Ebisu, Shibuya City www.byouin.metro.tokyo.jp/hiroo/ english/index.html





POINT-AND-ASK GUIDE



核知 Internal medicine 核謝阳曾且 t**≱14** Surgery **t≵習** Ophthalmology/ Eye clinic 排**₩₩** Plastic surgery ₩**₽** Dentistry

Gynecology **對擊导器** General Hospital

排人融

| 接留小 | Pediatrics | 鍋攀賞辞 | Emergency Hospital

Can you look after my luggage?

。化もううま胡同 バルギ

Yes. What time will you return here?

。入サまきで。入サまいざる帰し申

I'm sorry, we cannot do that.

いる当〉で入却を一ぐたた

Will you call a taxi for me?

いれ、どちらまで行かれますか?

Certainly. Where would you like to go?

きかムリスムおこりに、 マ化すまいあおくでイスへるれるか食

Does this hotel have any restaurants suitable for Muslim diners?

。もう6さこ、いま

Yes, this restaurant is suitable.

。入步来以表、入步来以答公照入申

I'm sorry, there are no such restaurants here.

フィン社図をコン正のこ ? 位でまいあお詞森な鎖厄 加校語英

Is there a nearby hospital where there are female, English-speaking doctors?

. ተቋሀሐ산 ጎልቴሀዴት。 _____ ዓほどかかります。

Please visit the _____.
It takes _____ minutes to get there.

ふくにはありません。

No, there are none nearby.

SHOP

294576714145

How much does this cost?

。 すう円 公孫う円本日

It costs yen, including tax.

?·仇すまいなこ||拼発却由のこ

Is this store a tax-free store?

°ソみ革(1941)シ早鉄英 `Z(1(1) No, it isn't.

。 下まえ動 バリお

?位すまえ動却ドー代イででくって

Yes, you can.

Can I use a credit card here?

。もうその金更の円本日

No, we only accept Japanese yen in cash.

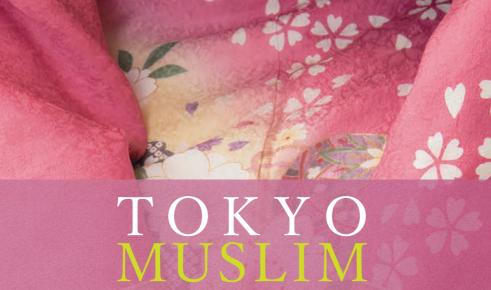
Visa

ICB

MasterCard

Diners Club

American Express メーム 機譲 Union Pay



Travelers' Guide 2020-2021

Pray · Eat · Shop · Stay



Tokyo Convention & Visitors Bureau Nisshin Bldg. 6F, 346-6 Yamabuki-cho, Shinjuku-ku, Tokyo 162-0801, Japan

www.gotokyo.org

Tokyo Tokyo Cotable R70

